

WHAT'S NEW
AT N.E.W.?

OCTOBER 2019

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#### PRESIDENTIAL PONDERINGS



I'm a witch without a broom, a witch without a hat; I haven't any cauldron; I do not own a cat. Don't ask me about a spell book-I don't have one of those. As you can see, I haven't any warts upon my nose. Yet I can conjure magic-make no mistake of that. I can make candy disappear in 5 seconds flat! Happy Halloween! Halloween is one of my favorite holidays, and I am looking forward to eating some of my kid's candy as we go trick or treating. (Shh don't tell anyone I said that.)

I hope you have started taking advantage of the membership incentives this year, get your free lunch and \$50 Visa gift card-see the membership page for details! Don't forget about our Business Memberships, do you know a business that would like to join, tell them about us!

I hope you are planning to come early to the October luncheon to hear some great speakers talk about self care; it is free for our members -take advantage of this great N.E.W. benefit.

Get a head start on your holiday shopping at our Bazaar on November 7th, and bring your friends!

Please consider supporting a luncheon or Professional Development workshop, and sharing with businesses you know that will support N.E.W.

I thank you for spending time with me and N.E.W. and I hope to see you at our October 3<sup>rd</sup> workshop and luncheon.

Until next month,

Janine

Are you keeping up with our website?

Rather than sending you a million emails, please visit our <u>website</u> for the latest and greatest news!

networkofenterprisingwomen.org

## THE SELF CARE SUMMIT "TAKING CARE OF YOU SO YOU CAN TAKE CARE OF BUSINESS"

We will have six speakers addressing all sides of self care! Be prepared for a fun and information packed event. Topics will include stress relief/management, meditation, setting boundaries, makeup & fashion as a form of self care, + many more.

A Self Care Basket will be auctioned at the luncheon.

### SPEAKER LINE UP:













#### THANK YOU TO OUR OCTOBER LUNCHEON SPONSORS



A SPECIAL OFFER

# FREE

MUSCULOSKELETAL OR BALANCE SCREENING

Our team of specialty trained women's health and pelvic floor physical therapists utilize advanced myofascial techniques and unique modalities, such as ultrasoundography and biofeedback. This therapy is highly successful in treating diagnoses such as:

- · Bowel Dysfunctions
- · Diastasis (Weak Ab Muscles) · Pelvic Pain
- Overactive Bladder
- Prostatitis & Prostatectomy
- Prolapse

- · Pre & Post Op Therapy
- Urinary Incontinence
- Weak Pelvic Floor Muscles

\*Most major health insurance plans cover treatment for this type of therapy!

SET UP YOUR SCREENING TODAY!

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WOMEN'S HEALTH PHYSICAL THERAPY & MEN'S PELVIC HEALTH

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prescription for change

Sometimes all it takes is a small change...

I was TIRED of my skin

Then I TRIED Rodan and Fields...



Are you ready for change?

Contact Liz for more details: lizvfleming@gmail.com





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"A WOMAN IS LIKE A TEA BAG - YOU NEVER KNOW HOW STRONG SHE IS UNTIL SHE GETS IN HOT WATER." - ELEANOR ROOSEVELT

# WELCOME TO OUR NEWEST N.E.W. MEMBER

Jennifer Yane

#### INTERESTED IN BECOMING A MEMBER...

Membership has its privileges:

- Monthly luncheons with great speakers and networking
- Member pricing for luncheons and sponsorship opportunities
- Business memberships available
- Professional Development workshops at no cost
- Networking throughout the month using Facebook Group

**CLICK HERE FOR MORE INFORMATION.** 

N.E.W. & SOCIAL MEDIA

ARE YOU ENGAGING WITH US ON FACEBOOK?

WE HAVE TWO GROUPS:

#### CLOSED MEMBERS ONLY GROUP:

www.facebook.com/groups/ NetworkofEnterprisingWomen/

#### PUBLIC/OPEN GROUP:

<u>www.facebook.com/</u> <u>NetworkofEnterprisingWomen/</u> Are you a seasoned N.E.W. member?

Would you like to share your knowledge of N.E.W. with our new members?

The Welcome Committee is looking to enlighten our newbies. Please reach out to Stella at <a href="mailto:s.capocelli@tourplaninternational.com">s.capocelli@tourplaninternational.com</a>.

Training can be provided.

#### MEMBERSHIP





#### PERKS WORK!

WE ARE STARTING TO SEE OUR NUMBERS GROW AND WE KNOW OUR MEMBERSHIP PERKS ARE A BIG REASON WHY!



Janice Logue Membership

Many of you have yet to take advantage of the free pass to bring a guest to a luncheon, if you wish to take advantage of this vital membership benefit, please contact Chris or Janice at membership@networkofenterprisingwomen.org for a code to use during the registration process.

SEVERAL MEMBERS HAVE BROUGHT 3 GUESTS AND EARNED A FREE LUNCH!

When 5 new members join from September 2019 through August 2020 because of your introduction, you'll earn a \$50 VISA gift card.

DON'T MISS YOUR CHANCE TO MAKE THESE PERKS WORK FOR YOU TOO!

# SUPPORT NETWORK OF ENTERPRISING WOMEN BY SIGNING UP FOR AMAZON SMILE & KROGER COMMUNITY REWARDS





Search "Enterprising Women" and select the organization in Richmond, VA to enroll.

FOLLOW N.E.W. ON FACEBOOK. CLICK THE LINK BELOW!



CAN YOU BELIEVE IT'S TIME TO START THINKING ABOUT HOLIDAY SHOPPING? WHAT BETTER WAY TO DO THAT THAN TO VISIT N.E.W. AT THE **NOVEMBER LUNCHEON AND SHOP** AWAY AT THE HOLIDAY BAZAAR! COME EARLY AND SHOP BEFORE THE LUNCHEON TO GET THE BEST SELECTION.

Click here to register as a vendor. Early bird registration pricing ends October 30th!

Contact Margaret Hill at mhill@hcps.us or 804-365-4565 for more details.



HOLIDAY CRAFT BAZAAR NOVEMBER 7TH

#### SISTERS IN OUR THOUGHTS

Please remember our members who are in need of positive thoughts at the moment, especially Susan Campbell.

Please refer to the Directory in the Members only section of our website for contact information.

"I KNOW GOD WILL NOT GIVE ME ANYTHING I CAN'T HANDLE. I JUST WISH THAT HE DIDN'T TRUST ME SO MUCH." - MOTHER TERESA

#### NEWSLETTER ADVERTISING RATES:

Quarter Page (2.5" x 2.25") - \$10.00/month Half Page (7.5" x 5") - \$20.00/month Full Page (7.5" x 10") - \$35.00/month

12th Month FREE with 1 year paid advertisement For more information contact: <u>VP@Network</u>ofEnterprisingWomen.org



7th - Danielle Koger 11th - Jennifer Rose 19th - Jennifer Yane 23rd - Susan Campbell

#### SPONSOR A NEW LUNCHEON

- 2 minutes to talk about your business
- Place marketing materials on the tables
- 1/2 page ad in newsletter for sponsored month
- Promo on FB page for sponsored month
- Verbally thanked at luncheon
- Includes luncheon fee for 1 person
- 2 sponsors per month max

For \$150 members, \$200 non-members you will receive:

Contact Mary Ashby at VP@networkofenterprisingwomen.org

### BIG FUNDRAISER:

#### **BUCKET OF BOOZE RAFFLE**

Please bring to the next meeting a bottle to donate for our November Raffle!

Support the Scholarship Program - buy raffle tickets!!

1 ticket = \$1 8 tickets = \$5 25 tickets = \$15

#### <u>Purchase Tickets Now</u>

Drawing will be held Thursday, December 5 at the Luncheon.

You must be 21 to purchase tickets and win.